April 2017

WHAT'S NEW?

On March 12th, the CSU team took part in a bowling tournament to raise money to send a local Youth Group on a mission trip to Knoxville, Tennessee, There, they will be participating with Operation Backyard to provide free home repair services for those with limited income.

CSU also donated a Bonefish Grill gift card for the event's silent raffle! We are so thankful we were able to give back.

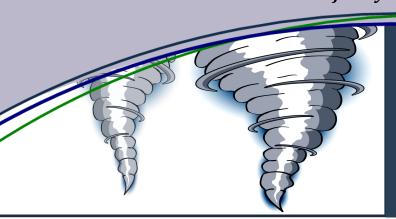
Our Mission is to deliver outstanding IT support to small businesses in order to improve uptime, productivity, and profitability. You take care of running your business. We'll take care of your technology.



This monthly publication provided courtesy of Michelle Sherman, President of **Computer Services** Unlimited.

Connection

"Insider Tips To Making Your Business Run Faster, Easier And More Profitably"



inside this issue

Dodging A Data Disaster P.1-2 Monthly IT Security Tip C S "U" Should Know **P.3** The Misnomer of Failure **P.3** Gift Card Q. of the Month Gadget of the Month **P.3**

P.4

The Incredible Hulk & CSU

7 Ways To Dodge A Data Disaster

ou stride into the office early one Monday morning. You grab a cup of coffee, flip on your computer and start checking e-mail...

A note pops up that rivets your attention:

"Your files have been encrypted. Send \$5,000 within five days or they will all be destroyed."

You start sweating as your throat constricts and your chest tightens. Sure enough, every time you try to open a document, the same message appears.

Your phone rings. It's Bob in accounting, and he's having the same problem. All files across your entire network have been encrypted. You contact the local police. They suggest you call the FBI. The FBI says they can't help you. What do you do

- a) You pay the five grand, desperately hoping vou'll get vour data back, or...
- b) You calmly call your IT pro, who says, "No problem, your backups are all current. No files were lost. Everything will be restored by noon, if not sooner." If your answer is "b," you breathe a sigh of relief and get back to work as your backup plan kicks in...

Ransomware attacks are more common than ever, especially at smaller companies. That's because small companies make easy marks for hackers. The average small business is much easier to hack than high-value, heavily fortified targets like banks and big corporations.

According to Time magazine, cybersecurity experts estimate that several million attacks occur in the US alone every year. And that figure is climbing. So how can you make sure you never have to sweat a ransomware attack or other data disaster?

One sure solution is having a solid backup plan in place. When all your data and applications can be duplicated, you have plenty of options in the event of an attack.

Here then are seven ways to make sure you're in good shape, no matter what happens to your current data:

Insist on regular, remote and redundant processes.

A good rule of thumb is 3-2-1. That means three copies of your data is stored in two off-site locations and backed up at least once per

dav.

Don't cheap out on disk drives.

Less expensive arrays that save money can leave vour data at risk. Get features like a redundant power supply and hot spare disks.

Guard against human error.

Make sure people doing backups know exactly what to do. Take people out of the loop and automate wherever possible. And watch for situations where backups aren't a part of someone's regular duties.

continued on pg2

CSU IT Security Tip Of The Month:

Make THIS Password Different From Everything Else...

You know you're guilty of it: using the same password for everything. Believe me, I understand how annoying it is to try and remember all those passwords; and if you're using the same password for sites that don't share sensitive information, like a login to a news feed you like to read, then it's generally okay.

HOWEVER, the password you want to keep unique is your e-mail password. If an ecommerce site you've registered at or bought from gets hacked - and you've used the SAME password you usually use for everything to register at the site - you can pretty much bet hackers are going to gain access to your inbox. They'll have your email and your password to the e-commerce site and will use that to hack in. From there, they'll have fertile ground for getting all of your data and other passwords.

To request to be placed on our IT security tip of the month emails, please email hfernandez@csuinc.com.

Check backup software settings routinely.

When new software or updates are put into service, a change in the way the settings are configured can cause incomplete backups, or backups that fail. Do the people who maintain your backups include this on their regular to-do list?

Make sure critical files aren't getting left out.

As resources are added and priorities shift, documents and folders can get misplaced or accidentally left off the backup list. Insist on a quarterly or annual meeting with your backup management team to make sure all mission-critical files are included in your organization's data recovery systems.

Address network issues immediately.

Any component in your network that isn't working properly can introduce another point of failure in your backup process. Every juncture in your network, from a misconfigured switch to a flaky host bus adapter, can hurt your backups.

Ask for help with your data backup and recovery system.

You cannot be expected to be an expert in all things. Yet data is the backbone of your business – its protection and recovery should not be left to chance. Leverage the knowledge, skill and experience of an expert who stays current with all the latest IT issues.

Data Recovery Review Reveals Backup System Vulnerabilities

Don't let *your* company become yet another statistic. Just one ransomware attack can result in a serious financial blow if you're not prepared.

Call (703) 968-2600 by April 30th for a **FREE Data Recovery Review**, ordinarily a \$300 service. We'll provide you with a complete on-site assessment of your current backup system to check for and safeguard against any gaps that could prove financially lethal to your business.

CS "U" Should Know!

"DIY" data security kits can offer you basic protection. Are you a do-it-vourselfer willing to defending your company's data into your own hands? If so, you can find a variety of low to no products that provide basic safeguards. Koozali SME Server, for instance, bundles security and other server apps for small businesses. These include file sharing, directory access, redundant backups, firewall and web hosting. Its makers claim you can be up and running with it in less than 20 minutes. It's based on Linux, yet allows you to network Windows and MacOS as well as Linux-based devices. It's all free and there is no paid version. However,

because no support is provided, you may need to contact a professional for assistance. SmallBusinessComputing.com, 12.21.16

Anti-malware programs can't even touch this new kind of attack...

"Fileless" attacks became all the rage among hackers in 2016. According to a report by cybersecurity firm Carbon Black. fourth quarter 2016 saw a 33% rise in these "non-malware" attacks compared to the first quarter. Experts expect the trend to continue through 2017. Cyber bad-guys carry out these attacks in any number of ways. Their "en vogue" method at the start of 2017 was hijacking PowerShell and WMI (Windows Management Instrumentation) to do their dirty deeds. Brian Kenyon, chief strategy officer for Symantec, said recently, "Fileless infections are difficult to detect and often elude intrusion prevention and antivirus programs." Reports show the Democratic National Committee hack last year used a "Fileless" attack. DarkReading.com, 12.27.16

Cassette audio tapes (remember those?) are making a comeback. Compact disk sales are declining, yet vinyl records have enjoyed a resurgence over the past several years. And last year, cassette sales rose to 129,000 units, an increase of 74% over

2015. So what's up with cassettes - why so popular all of a sudden? Actually, the numbers are still miniscule compared to the 105 million CDs sold in 2016. Yet the bump in cassette sales reflects а growing appetite for tangible items that fans can cherish. Also, it doesn't hurt that artists like Justin Bieber. Eminem and Prince brought tape reissues to market. Or that online retailer Urban Outfitters has exclusive deals to sell their cassettes, as well as vintage gear to play them On. The Verge.com, 01.23.17



The Misnomer Of Failure

So you think you're a failure, huh? Let me get one thing off my virtual chest right now: you're not. I realize you may be experiencing failure. You may have had a string of failures. You may have been told you are a failure. But it doesn't mean that's who you are. You are not a failure unless that's who you decide to be.

But before I prove you're not a failure, I want to share a personal story. Oh, and by the way, when I said "my virtual chest," I didn't say that because you are reading my article. I say it because my muscle definition is equivalent to Tweety Bird's. If that little, yellow-feathered turd and I got into a fight, he would own me.

I Am A Failure

My little story. In years past, I was an entrepreneur in the traditional sense, starting businesses and growing them. Today I am an author, which, not so interestingly, is just like any other form of business. You need to sell what you do and do what you do, really well. The only difference is, instead of having 30 employees reporting to you, you have one part-time assistant... who is either in India or is a family member or both.

I have failed a lot. I have lost all my money. I have crashed more start-ups than I have grown. I have offended probably everyone (including myself a couple times). And now I am failing at my fastest rate ever. Why?

If you asked anyone on the street – I mean anyone, including my mother – how "prolific" I am, they would say, "Who's this asshole you're talking about?" (Note: My mom wouldn't call me an asshole, she would call me a douche.) But here's the deal: failure is the ONLY way to success. Every day I take a shot at achieving my vision, and fail. And regardless of what your vision is, the only way you will get there is by failing your way to it.

Find Purpose

If you want to stop being buried by failure, you need to define your life's purpose. And if you don't know what your life's purpose is...your life's purpose (at least for now) is to find your life's purpose. Constantly ask yourself, why am I here? What do I need to do? And be willing to listen to the answers that you present yourself. When you find your purpose, you'll get into the groove – where your hidden talents reveal themselves and you lose all sense of time. You're living your purpose when you build energy as you do it. You're living your purpose when you experience failure and you see it as another step up the ladder.

My Virtual Chest

In regards to my virtual chest situation, I am done with that bad failure, and am now a weight-room loyalist. Interestingly, I am now experiencing good failure constantly (those damn weights are heavy).

Tweety Bird can go suck it.



MIKE MICHALOWICZ (pronounced mi-KAL- o-wits) started his first business at the age of 24, moving his young family to the only safe place he could afford—a retirement building. With no experience, no contacts and no savings, he systematically bootstrapped a multimillion-dollar business. Then he did it again. And again. Now he is doing it for other entrepreneurs. Mike is the CEO of Provendus Group, a consulting firm that ignites explosive growth in companies that have plateaued; a former small business columnist for The Wall Street Journal; MSNBC's business makeover expert; a keynote speaker on entrepreneurship; and the author of the cult classic book "The Toilet Paper Entrepreneur." His newest book, "The Pumpkin Plan," has already been called "the next E-Myth!" For more information, visit www.mikemichalowicz.com/.

Who Else Wants To Win A \$20 Gift Card?

CONGRATULATIONS to Dr. Hussion from
Old Mill Veterinary Hospital for being our March gift card
winner and receiving a \$20 gift card to Lowes!

Here's this month's trivia question.

The winner will receive a \$20 gift card to **Giant!**

Roughly what percentage of the world's money exists only in computers?

a) 10% b) 27% c) 62% d) 95%

Call us right now with your answer! 703-968-2600

Shiny New Gadget Of The Month:



Thought Oculus Was King? Think Again.

Once upon a time, Oculus Rift ruled the world...

The virtual reality (VR) world, anyway. Not so much anymore. Now that VR heavyweights Sony, HTC and Samsung have entered the ring, there's a whole new reality in, well...VR.

Sony's PlayStation VR was recently crowned "Editor's Choice" by PC Mag. And, if you happen to own a compatible Samsung Galaxy smartphone, such as the S7 or S7 Edge, you can get "untethered" VR for just \$100. You'll pay four times that for the Rift, HTC's Vive or Sony's PlayStation VR tethered requiring a clunky cable from headset hardware.

Vive has the most advanced technology, but Rift is nearly as sophisticated and sells for \$200 less. You could shell out that much for the Rift's hand controllers, but, according to PC Mag, they're well worth it.

So while Oculus may not be king, it's still a serious contender.

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The IT
Professionals
That Bowl
Together,
Stay
Together!

Pictured: Some of the CSU Team at a Charity Fundraising Bowling Tournament in March.

(Left to Right) Adam, Michelle, Chuck, Heather, Aaron

Simplifying Your Technology and Your Business

April 2017

There's A Battle Even The Incredible Hulk Can't Win... And It's With Your Computer!



Michelle Sherman, Lou Ferrigno, Chuck Sherman

"Computers can bully us. A slow and unreliable system will bring even the toughest soul to their knees as they find themselves completely defenseless against the erratic whims of their rogue machine."

- Lou Ferrigno

Luckily for him, he has some trusted sidekicks who can help him... the Computer Unlimited Services team! While the Hulk may not be able to take on the slow and unreliable computer systems that plague today's world, we are trained to do just that. If you're sick of being bullied by company's your rogue machines, give us a call. You don't have to fight this battle on your own!

> (703) 968-2600 www.CSUinc.com 14240-G Sullyfield Circle, Chantilly, VA 20151

SPRING (COMPUTER) CLEANING

It's officially SPRING! Have you done your Spring Cleaning yet? What about your Spring COMPUTER Cleaning? If not, what are you waiting for?

With the changing seasons, CSU would like to remind you to include tidying up your computer network in your to-do list. Here are three easy steps you can take to clean up your IT act this spring:

- Take a few hours to finally go through and clean up your email. Many people do this for the New Year...but it's been three months since then. Have you kept up with them?
- Run an antivirus scan to check for malware and other programs that may be causing your systems to run slowly.
- 3) Back up your data! You should be doing this once a day, so if you've been putting it off, now is an excellent time to check that your back-ups are running correctly!